



## **Athlete Code of Conduct**

*The Crush Volleyball Club is committed to providing you with a positive and rewarding volleyball experience. Athletes have a critical role in this. By agreeing to the rules herein, you commit to supporting and respecting your teammates, coaches, and volunteers. You also agree and understand playing on a Club team within Crush Volleyball will require dedication and a certain amount of time.*

The following Code of Conduct has been developed to aid the athlete in becoming a well-rounded, confident and productive human being. CRUSH believes volleyball is more than just a game; it is a life experience to foster happy and healthy global citizens.

**All club members will follow the Volleyball Canada Code of Conduct and Ethics. In the event of a discrepancy between the Volleyball Canada Code of Conduct and Ethics and the Crush Volleyball Codes of Conduct the Crush Code of Conducts will take precedent.**

[https://volleyball.ca/uploads/Policies/2020/Pan\\_Canadian\\_Policy\\_-\\_Code\\_of\\_Conduct\\_and\\_Ethics\\_-\\_Oct\\_2020.pdf](https://volleyball.ca/uploads/Policies/2020/Pan_Canadian_Policy_-_Code_of_Conduct_and_Ethics_-_Oct_2020.pdf)

**All athletes are expected to conduct themselves in a manner consistent with the core values of the club. This includes but is not limited to the following:**

### **ATTEND: *I understand that I will...***

- attend all practices, games, tournaments, and all other club activities (including during injury- for learning purposes), unless previously discussed with my coach/team manager
- be dressed and ready to go with all equipment set up by the start of our practice/game times. I will arrive early to have time to get my gear on, socialize, set up nets, fill water bottles etc.
- arrive 1 hour early (or at the time my coach requests) to the first game of tournaments to assemble as a team and prepare for the experience.
- show dedication to my team and provide my full attention to my team during practices, games, and anything else club related.

### **COMMUNICATE: *I understand that I will follow Crush's Communication & Conflict Resolution Policies. This includes but is not limited to...***

- I will communicate with my teammates in a positive and respectful manner. All members of my team are equal and I will treat them all with respect.
- I will not coach or criticize my teammates and I will encourage and support my teammates in all circumstances.



- I will communicate with my coaches if I will be away or late for any practices, games, tournaments, and all other club activities.
- If I have a concern regarding a tournament (playing time, coaching decision, minor issues etc.) I will wait until the following Monday to reach out to ensure a productive discussion.
- I will only engage with my teammates in a productive and thoughtful way. I understand that I can choose to approach the sport and my team in a positive and supportive manner and I will do so at all times.

***RESPECT: I understand I must respect the club, club coaches, equipment, training facilities, players, officials, and administrators of Crush Volleyball. Crush Volleyball considers being disrespectful a serious matter and will consider the appropriate form of discipline up to and including being removed from the Association.***

- I will treat everyone fairly. All negative verbal or physical behaviors that constitute or contribute to harassment or abuse are unacceptable.
- I will refrain from public criticism of anyone associated with my team or club.
- I will show sportsmanship with officials and tournament staff, regardless of how a match has been officiated.
- I will always exhibit sportsmanship. This includes refraining from “trash talking” during games, between matches and on social media. I will encourage other athletes to act accordingly.
- I will be respectful of teammates, coaches, parents, and volunteers at all times.
- I will positively represent the Crush Volleyball Club at all times, this includes during tournaments and team activities.
- I will clean up after myself at gyms, restaurants, hotels, on ferries etc. and be respectful to all staff members.
- I understand my coach will provide me with on-going evaluations and feedback to enhance my development as a volleyball player. I recognize that accepting this feedback will make me a better athlete.
- I will respect the laws of consent. I will not post photos of the team (or its members) unless I have permission to do so.

***I understand that if my conduct and/or attitude become an issue (on or off the court), I will not be allowed to play until a conversation with the coach has been had and an agreement established to rectify the situation.***

**ATHLETES MUST:**

1. At no time allow individuals who may request sexual favours or use threats of reprisal for rejection to go unreported.



2. Participate in a manner that ensures the safety of other athletes, coaches, officials, and spectators also at the games.
3. Respect other athlete's dignity: verbal or physical behaviors that constitute harassment or abuse are unacceptable.
4. Never advocate or condone the use of drugs, tobacco, vape products or other banned performance enhancing substances.
5. Never use or condone the use of alcohol.
6. Report any injury or illness to my coach before any competition or training session.

***Crush has a Zero Tolerance Policy for the use of drugs and alcohol (including vaping). If use is detected, you will be sent home immediately and suspended from the team until further notice.***

### **CRUSH CLUB CORE VALUES**

#### **Person First**

*We believe our athletes should be better people after their experience in CRUSH. We are committed to a high standard of volleyball excellence; but above all, we strive to foster happy and healthy human beings. We aim to raise humble leaders who are worth following: kind people who have integrity, respect, compassion, patience and can work hard.*

#### **Teamwork**

*We are better together. We believe that as a collective, we are more successful. We value connection and encourage a collaborative culture of teamwork and support. Everyone involved in CRUSH is a valued member of our club. Parents, coaches, board members & athletes will always strive to be a good teammate.*

#### **Fun**

*Youth sports should always be fun. Although there will be hard work, athletes must enjoy it or they will not keep playing. We believe having fun instills a love for the sport and encourages lifelong physical literacy.*

#### **Inclusivity**

*We believe youth sports are for everyone, regardless of race, gender or economic status. If an athlete wants to play, they should play.*

#### **Player-centered**

*Youth sports are for the kids, not the adults. We believe parents, coaches and administrators should set their private ambitions aside to let the kids play. We strive to create a positive, constructive and supportive environment centered on the youth reaching their full potential.*

#### **Success**

*We are committed to CRUSH and our athletes to set, work towards, and achieve high standards of success in both sport and life.*



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*By signing this Athlete code of Conduct I acknowledge that I have read and agree to support all the above statements. Furthermore, it is explicitly understood that should I not be able to follow the above policies, my Coach and/or Club will respond accordingly and may consider my dismissal or impose limits on my involvement with the Crush Volleyball Club.*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Age Group: \_\_\_\_\_ Signature: \_\_\_\_\_